

USE
ASAP

WITHIN 3-5 DAYS

Broccoli (*refrigerate*)
Brussels Sprouts (*refrigerate*)
Cauliflower (*refrigerate*)
Spinach (*refrigerate*)

USE
SOON

WITHIN 5-7 DAYS

Winter Radish (*refrigerate in plastic bag or damp paper towel*)

NO
RUSH

4+ WEEKS

Cabbage (*store in refrigerator in closed paper bag, not a plastic bag, designed to keep 6-8 weeks*)
Carrots (*store in sealed plastic bag in refrigerator, will keep for at least 1 month*)
Frozen sweet corn (*freeze for long term use, or thaw and prepare within a day or two*)
Honey (*store at room temperature; if crystallization occurs, place jar in warm water*)
Sweet potatoes (*store in a dark, cool, dry place*)